



Effects of chromium contamination on membrane and resistance capacity in spinach (*Spinacia oleracea*)

Umar Aliyu Abdullahi,^{1*} Muhammad Ali Dikwa,¹ Muhammad Muhammad,¹ Ali Ahmad,³ Sa'adatu Abba Yusuf,¹ Saminu Ali Kofar Kwaru,¹ Eghobor Sunday,² Aisha Auwal,¹ Auwalu Aliyu,³ Muhammad Moneruzzaman Khandaker,⁴ Zainab Ali Dandalma¹

¹Department of Microbiology and Biotechnology, Federal University Dutse P.M.B 7156 Jigawa state-Nigeria

²Department of Biological Sciences, Federal University Dutse P.M.B 7156 Jigawa state-Nigeria

³Department of Biochemistry and Molecular Biology, Federal University Dutsin-ma, P.M.B. 5001 Dutsin-ma, Katsina State, Nigeria

⁴School of Agriculture Science and Biotechnology, Faculty Bioresource and Food Industry, Universiti Sultan Zainal Abidin, Besut Campus, 22200 Besut, Terengganu, Malaysia.



*Corresponding Author:

Dr. Umar Aliyu Abdullahi

Department of Microbiology and Biotechnology,
Federal University Dutse P.M.B 7156 Jigawa State-
Nigeria

email: umar.aa@fud.edu.ng

phone: +2348037036611

ABSTRACT

Environmental contamination caused by chromium poses serious threat to both plants and animals. This engrossed devotion of environmental and medical scientists and plant nutritionists in recent years because of its toxicity and mobility in the soil-plant continuum and food chain as well. This study was conducted to investigate the cytotoxic effect of Cr on membrane and resistance level in *Spinacia oleracea*. Four different Cr concentrations denoted as T0 (0 mg), T1 (25 mg), T3 (50 mg) and (100 mg) was used to contaminate the soil (1 kg). Using Completely Randomize Design (CRD) under 8 replications, the membrane electrolyte leakage (MEL), membrane stability index (MSI), malondialdehyde (MDA), protein oxidation (carbonyl), Total antioxidant assay (TAA), Reducing power ability (RPA), H₂O₂ scavenging, catalase (CAT) and ascorbate peroxidase (APX) activities were determined. A significant $P \leq 0.005$ increased MEL, MSI, MDA, carbonyl, TAA, RPA, H₂O₂ scavenging, CAT and APX were noted under T2 and T3 compared to the control. The Cr accumulation was higher in root than edible parts of *S. oleracea* where lower translocation of Cr was observed. Hence, Cr has serious effect in *S. oleracea* membrane and it developed antioxidant to cater with reactive oxygen species.

Keywords: Chromium, *Spinacia oleracea*, toxicity, antioxidants

INTRODUCTION

Rare earth elements (REEs) have been widely used in industry, agriculture, energy, medicine, and military due to their special properties (Yang *et al.*, 2014). Heavy metal contamination has disastrous impacts on terrestrial as well as aquatic life (Pushkar *et al.*, 2021) and it has significantly disrupted the natural ecosystem (Zulfiqar *et al.*, 2022 & 2023).

The unplanned urban and industrial development that disregards the value of a healthy environment is the main cause of environmental pollution (Wei *et al.*, 2022). These actions have greatly increased the pollution from heavy metals, which upsets the natural balance (Qianqian *et al.*, 2022). More than 1.7 million deaths were reported by World Health Organization (WHO) because of exposure to harmful contaminants, such as heavy metals (Xu *et al.*, 2018). Chromium (Cr) has become more prevalent as an environmental pollutant due to its increased industrial uses (Wei *et al.*, 2022). Cr is a pervasive contaminant with significant environmental hazards, particularly for soil-plant ecosystem (Ao *et al.*, 2022). Hexavalent Cr is known to be a dangerous metal relative to the trivalent form because of its carcinogenic, mutagenic, and oxidizing properties (Wei *et al.*, 2022). Chromium is one of the seventh most toxic heavy metals which threaten the food chain (Jaishankar *et al.*, 2014). It is ingested by human beings and animals with the edible parts of agricultural and horticultural crops or derived products. Many of these effects can be interrelated through a general action on membrane biogenesis and integrity, which in turn can occur because lipid metabolism is altered. Plant membrane structure may be regarded as the first "living" structure that is a target for heavy metal toxicity (Hall, 2002). There is no known biological function of Cr in plants (Srivastava *et al.*, 2021). To combat the elevated amounts of Cr-mediated ROS, plants also have a secondary mechanism for generating antioxidant enzymes (Srivastava *et al.*, 2021; Ao *et al.*, 2022). Many studies have suggested that excessive Cr in the soil can be toxic to plants, causing growth reduction and leaf necrosis (Dai *et al.*, 2013), a disturbance to mineral elements and carbohydrate metabolism (Wu *et al.*, 2007), and the production of reactive oxygen species (ROS), thus strongly reducing biomass production (Chen *et al.*, 2011). Generally, ROS in plants is continuously produced as by-products of various metabolic pathways that are localized in different cellular compartments (Gratão *et al.*, 2005). However, once stressed by a heavy metal, ROS formation may exceed the antioxidant scavenging capacity, thus creating oxidative stress and damage to the biomolecules (Davies, 2003).

Spinach (*Spinacia oleracea*), belongs to Chenopodiaceae family (Cai *et al.*, 2021). It is one of the most important vegetables. It is a leafy cool-season vegetable with global cultivation usually consumed after boiling either fresh or frozen leaves or raw consumed in salad (Alessa *et al.*, 2017). It has the potential to absorb a higher quantity of heavy metals and toxic elements from the rhizosphere and translocate them into edible parts compared to fruits and root vegetables (Bashir *et al.*, 2020). This study investigates the cytotoxic effect of Cr on membrane and the ability of *Spinacia oleracea* to cater with stress.

Methodology

Experimental design and treatment plan

S. oleracea seeds were first sown on germination trays filled with cocoa peat and kept for 12 days. The top soil was collected and sieved to remove unwanted materials. About 1 kg of soil in pot was contaminated with 25, 50 and 100 mg Cr. Using completely randomized design, the pots were grouped into T0 (control), T1 (25 mgkg⁻¹), T2 (50 mgkg⁻¹), and T3 (100 mgkg⁻¹) with five replications respectively. The healthy four leaved seedlings with same height were selected and then transplanted into already contaminated soil 1 seedling pot.¹ The seedling were water ones every morning for 5 weeks. Determination of Cytotoxic Effect of Cr on Membrane

Malondialdehyde

MDA was quantified using a Li *et al.* (2000) method with minor alteration. About 0.2 g fresh leaves in 2 mL 5% (w/v) TCA were homogenized in a mortar and pestle and then spun for 20 min at 13,000 g. A reaction mixture containing 0.5 ml supernatant and 1 mL TCA 20% (w/v) and TBA (0.5%) was incubated at 95°C in a water bath for 25 min. Optical density of the mixture was read at 450, 532 and 600 nm, respectively.

MDA C(µm/l) = 6.45(A532 - A600) - 0.56 A450.

Protein oxidation

The reaction of carbonyls with 2,4-dinitrophenylhydrazine (DNPH) was used to determine the amount of protein oxidation, as described by Gonçalves *et al.* (2007) with slight modification. *S. oleracea* leaves were homogenized in a 25 mmol L⁻¹ K-phosphate buffer containing 10 mL L⁻¹ Triton X-100, pH 7.0, at a proportion of 1:5 (w/v). The homogenate was centrifuged at 13,000 g for 30 min at 4°C. After the DNPH-reaction, the carbonyl concentration was calculated by absorbance at 370 nm, using the molar extinction coefficient 21 x 10³ mM cm⁻¹.

Electrolyte Leakage and Membrane Stability Index

The method developed by Farooq *et al.* (2016) was used to assess membrane electrolyte leakage percentage. After six weeks of treatment, leaf samples were divided into 5mm-size pieces and placed in test tubes with 8ml deionized and distilled water. For two hours, the tubes were bathed in a

water set at 32 °C. The medium initial electrical conductivity (EC1) was measured. Samples for second electrical conductivity (EC2) were autoclaved at 121 °C for 20 min to remove all electrolytes. The samples were chilled to 25 °C. The formula below was used to determine the total amount of electrolyte leakage:

$$MEL = \left(\frac{EC1}{EC2} \right) \times 100 \quad \text{eqn. 1}$$

Membrane stability (MSI) was determined according to the formula,

$$MSI = \left[1 - \left(\frac{EC1}{EC2} \right) \right] \times 100 \quad \text{eqn. 2}$$

Antioxidant defence against absorbed reactive oxygen species

Non-Enzymatic antioxidant assay

Total antioxidant assay (TAA) by phosphomolybdate method

TAA was evaluated based on the method used by Jayaprakasha *et al.* (2002) with some alteration. Extract (1 ml) was added to 1.5 ml of reagent (28 mM sodium phosphate, 0.6 M sulfuric acid, and 4 mM ammonium molybdate). The tubes were covered and incubated for 90 minutes in a boiling water bath at 95°C. Using a UV spectrophotometer, the optical density of the samples was read at 695 nm against a blank after they had cooled to room temperature. Butylated hydroxytoluene (BHT) as the standard, TAA was expressed as mg equivalents of BHT by using the standard BHT graph.

Reducing power ability (RPA) of the extract

By using the Fe³⁺ to Fe²⁺ reduction with the fractions as per Fejes *et al.* (2000) description, the reducing power of the extract was examined. The production of Perl's Prussian blue at 700 nm can be used to detect the presence of Fe²⁺ (Meir *et al.*, 1995). One millilitre of the fraction, 2.5 ml of 1% potassium ferricyanide, and 2.5 ml of phosphate buffer (pH 6.6) was incubated at 50°C for 30 minutes before being combined with 2.5 ml of 10% trichloroacetic acid and centrifuged at 3000 g for 10 minutes. TAA was represented in mg equivalents of butylated hydroxytoluene (BHT), using the standard BHT graph

H₂O₂ scavenging activity

The Bhatti *et al.* (2015) technique was used to assess the extract's capacity to scavenge hydrogen peroxide (H₂O₂). After transferring an aliquot of 0.1 mL of extracts into Eppendorf tubes, their volume was increased to 0.4 mL with 50 mM phosphate buffer (pH 7.4), and then 0.6 mL of H₂O₂ (2 mM) solution was added. After 10 minutes reaction time, the reaction mixture was vortexed, and its absorbance at 230 nm was determined. The positive control utilized was ascorbic acid. The following equation was used to determine the extracts' capacity to scavenge H₂O₂:

$$H_2O_2 \text{ scavenging activity percentage} = \frac{[A_0 - A_1]}{A_0} \times 100 \quad \text{eqn. 3}$$

Enzymatic antioxidant assay

Catalase assay (CAT) - CAT activity was measured by spectrophotometry at 28°C in a final reaction mixture of 2 mL comprising 100 mmol L⁻¹ potassium phosphate buffer (pH 7.0), 12.5 mmol L⁻¹ hydrogen peroxide (H₂O₂), and water, as reported by Azevedo et al. (1998) with minor modifications. The activity was evaluated after the decomposition of H₂O₂, by monitoring changes in absorbance at 240 nm, with a molar extinction value of 0.0394 mmol L⁻¹ cm⁻¹. The results were represented in μmol of H₂O₂ consumed per minute per mg protein.

Ascorbate peroxidase assay (APX) - The APX activity was measured by determining the ascorbate oxidation rate using a technique adapted by Soares (2011). The reaction mixture (2 mL) containing 100 mmol L⁻¹ potassium phosphate buffer (pH 7.0), 0.5 mmol L⁻¹ L-ascorbic acid, 0.1 mmol L⁻¹ hydrogen peroxide (H₂O₂), and 30 μL of the extract was incubated at 28°C. The ascorbate oxidation rate was monitored at 290 nm for 3 min and enzyme activity was expressed as μmolmin⁻¹mg⁻¹protein (Extinction coefficient of 2.8 mmol L⁻¹ cm⁻¹).

Superoxide dismutase (SOD) - The capacity of the enzyme extracts to prevent the photochemical reduction of nitroblue tetrazolium (NBT) was measured at 560 nm to quantify the activity of superoxide dismutase. An assay mixture (3 ml) containing 100 mM of phosphate buffer (pH 7.4), 1.0 mM of EDTA, 50 mM of riboflavin, 10 mM of methionine, 75 mM of NBT, and 100 mL of enzyme extract was incubated for 15 minutes under fluorescent light as described by Ahanger et al. (2020). The absorbance was measured at 560 nm and the activity was reported as μmol min⁻¹ mg⁻¹ protein.

Estimation of Cr Content

The amount of chromium in root, stem, and leaf tissues was measured as outlined by (Zhou et al., 2017) with little modifications. Samples of leaves, stems, and roots were dried for 48 hours at 80 °C, crushed into a fine powder, and then 0.2 grams of that powder were microwave-digested with concentrated HNO₃. Atomic Absorption Spectrophotometer (AAS) was used to assess the quantity of chromium in the tissues. The Translocation factor (TF) was calculated using the formula:

$$TF = \frac{[\text{Chromium in Shoot}]}{[\text{Chromium in Root}]} \quad \text{eqn. 4}$$

Data analysis

The data collected were assembled for statistical analysis using Microsoft Excel. The Shapiro test was used to verify the normality of the data distribution. Because the data does not violate the assumption of normality at 0.05 % level. One Way Analysis of Variance (ANOVA) was performed using the IBM SPSS software package version 26.0. Means were separated using the Tukey's LSD test at a 5% significance level.

Results and Discussion

MDA

The concentration of MDA under various Cr concentrations are illustrated in Figure 1A. Cadmium cause membrane lipid peroxidation to increase significantly by 75.54%, 86.00% and 89.22% under T1, T2 and T3 respectively compared to the control. A progress increase in MDA was noted with increased level of Cr contamination. T2 and T3 increased by 42.73 and 55.93% over the T1 whereas an insignificant increase in MDA by 23.059% was recorded in T3 relative to T2 accordingly.

Protein Oxidation (Carbonyl)

Protein oxidation is determined by the available carbonyl in the extract. Figure 1B shows that the progressive increase in carbonyl is proportional to the amount of cadmium in the soil spiked. However, carbonyl concentration increased significantly by 1.37, 1.72 and 1.75-folds under T1, T2 and T3 respectively, relative to the T0. The significant increase in carbonyl concentration observed in this study is attributed to the effect of cadmium in the soil.

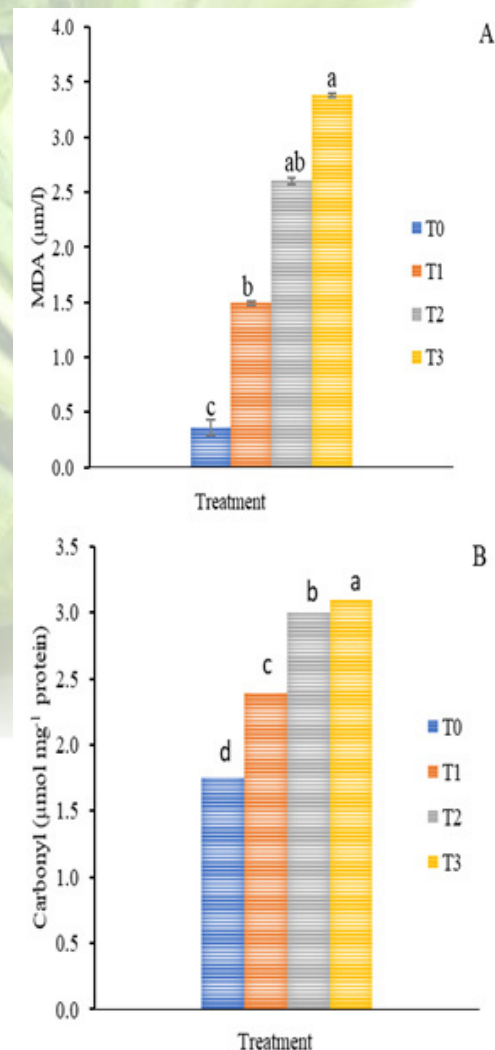


Figure 1: Effect of Cr on the level of malondialdehyde (A) and protein oxidation (B) in *Spinacia oleracea*. T0, control; T1, 25 mgkg⁻¹, T2, 50 mgkg⁻¹ and T3 100 mgkg⁻¹. Dissimilar letters denote significant difference at P < 0.05, LSD test. Data is the pentaplicate mean ± SE

Membrane Electrolyte Leakage and Membrane Stability Index

Membrane electrolyte leakage demonstrated in Figure 2A show significant increase in the leakage of electrolyte. The MEL increased by 43.68, 57.87 and 72.379% under T1, T2 and T3 respectively, relative to the T0. Membrane stability index decreased significantly in T1, T2 and T3 by 40.39, 64.76 and 75.38% respectively, compared to T0 (Fig. 2B).

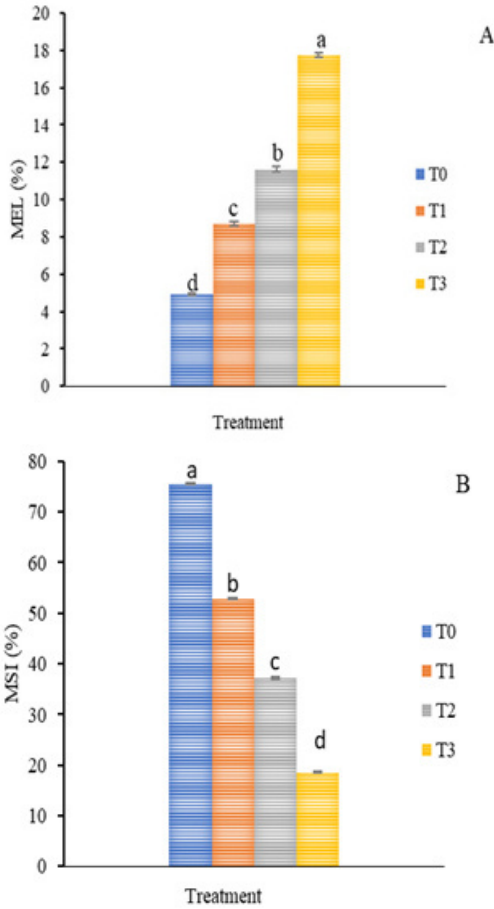


Figure 2: Effect Cr on membrane electrolyte leakage (A) and Membrane stability index (B). T0, control; T1, 25 mgkg⁻¹, T2, 50 mgkg⁻¹ and T3 100 mgkg⁻¹. Dissimilar letters denote significant difference at P < 0.05, LSD test. Data is the pentaplicate mean ± SE.

Reducing Power and Total Antioxidant Assay

The reducing power and total antioxidant assay of the extracts at various concentration of chromium were shown in Figure 3 below. The reducing power of extract increased significantly by 1.44, 2.00 and 2.41-fold under T1, T2 and T3 respectively compared to the control. Relative to T1, T2 and T3 increased by 1.39 and 1.67-fold accordingly. No significant increase in RP was recorded between T2 and T3 (Fig. 3A).

Total antioxidant assay (Fig. 3B) illustrated a significant fold increased in TAA under T1 (1.68), T2 (2.03-fold) and T3 (2.66-fold), relative to the T1. However, TAA increased significantly under T2 (1.21-fold) and T3 (1.58-fold) over the T1 whereas no significant increase was noted on comparing T2 and T3.

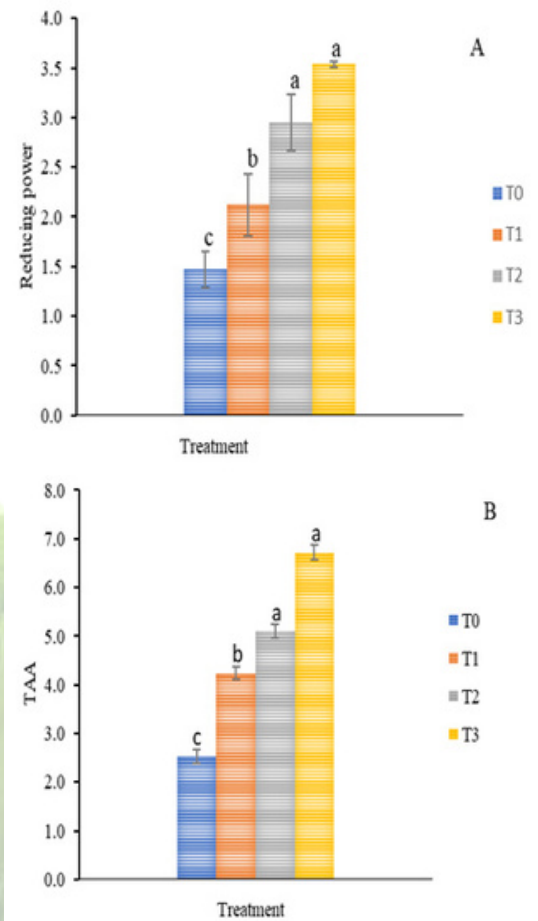


Figure 3: Influence cadmium on reducing power (A) and total antioxidant assay (B) on the *S. oleracea* leaf extract. T0, control; T1, 25 mgkg⁻¹, T2, 50 mgkg⁻¹ and T3 100 mgkg⁻¹. Dissimilar letters denote significant difference at P < 0.05, LSD test. Data is the pentaplicate mean ± SE

H₂O₂ scavenge activity

The ability of *S. oleracea* to scavenge H₂O₂ was determined and illustrated in Figure 4. The H₂O₂ scavenging activity of the extracts increased under T1 (9.43%), T2 (30.39%) and T3 (40.16%) compared to T0. Among the Cr treated groups T2 and T3 increased significantly by 21.09 and 32.16% respectively, over the T1 whereas T3 increased statistically significant by 14.03% relative to T2 (Fig. 4).

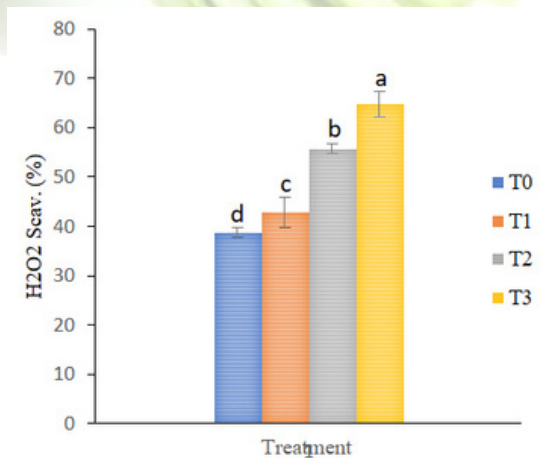


Figure 4: H₂O₂ scavenging ability of the *S. oleracea* extracts. T0, control; T1, 25 mgkg⁻¹, T2, 50 mgkg⁻¹ and T3 100 mgkg⁻¹. Dissimilar letters denote significant difference at P < 0.05, LSD test. Data is the pentaplicate mean ± SE

Enzymatic Antioxidant Activities of the *Spinacia oleracea* Extracts

CAT activity of the extract shows that the chromium at lower dose displays low activity whereas higher dose cause increased in CAT activities compared to the control (Fig. 5A). Compared to the control, T1 decreased insignificantly by 1.09-fold whereas it significant increase under T2 (1.57) and T3 (2.28-fold) respectively.

APX activity was illustrated in figure 5B. the activity is with increasing Cr dose in the soil. Over the T0, T1, T2 and T3 increased significantly by 1.37, 1.57 and 1.86-folds. On comparing among the Cr treated groups, T2 and T3 increased significantly by 1.14 and 1.36-folds relative to T1 whereas 1.19-fold under T3 was recorded compared to T2. SOD activity increased significantly by 1.17, 1.32 and 1.36-folds under T1, T2 and T3 respectively, compared to the T0 as illustrated in figure 5C. However, among the Cr spiked soil, T1 and T2 increased statistically significant over T1 by 1.13 and 1.17-folds.

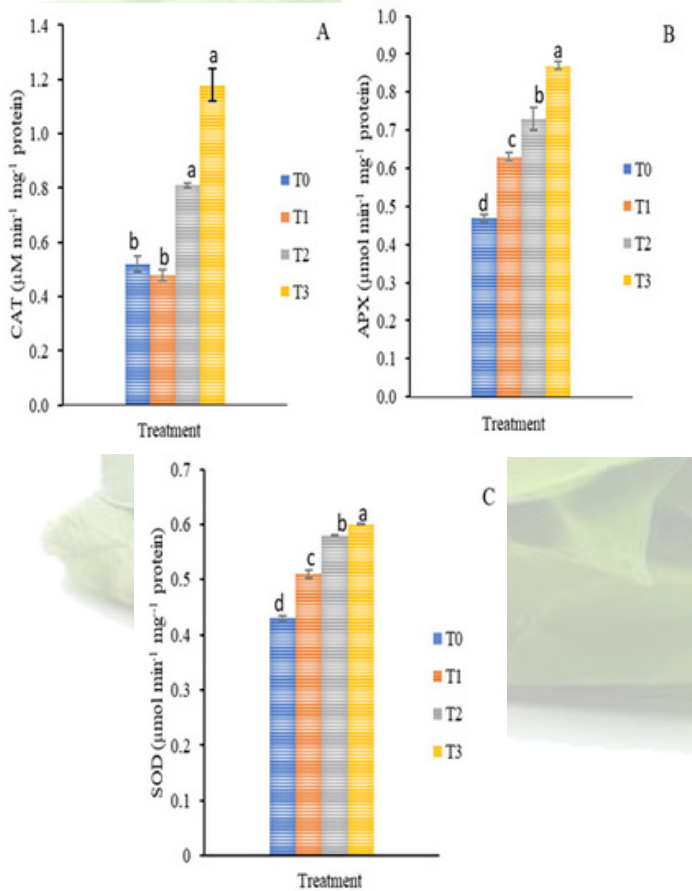


Figure 5: Antioxidant enzyme activities in the Cr stress *Spinacia oleracea*. T0, control; T1, 25 mg kg^{-1} Cr, T2, 50 mg kg^{-1} Cr, and T3 100 mg kg^{-1} Cr. Dissimilar letters denote significant difference at $P < 0.05$, LSD test. Data is the pentaplicate mean \pm SE

Absorbed Cr and Translocation factor

The absorbed Cr in root, shoot and translocation factor were increasing with increase in Cr concentration in the soil (Fig. 6). The Cr absorbed was higher in root than the shoot (Fig. 6-A & B). However, the translocation factor shows no significant difference under T1 and T2 but statistically significant in T3 (Fig. 6C).

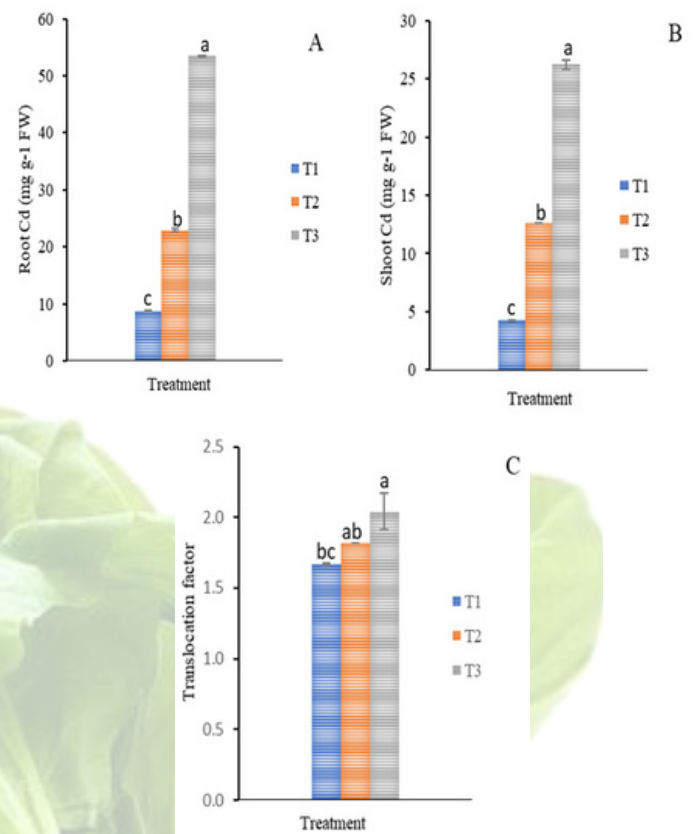


Figure 6: concentration of absorbed Cr in *Spinacia oleracea* root (A), shoot (B) and translocation factor (C). T1, 25 mg kg^{-1} , T2, 50 mg kg^{-1} , and T3 100 mg kg^{-1} . Dissimilar letters denote significant difference at $P < 0.05$, LSD test. Data is the pentaplicate mean \pm SE

Discussion

MDA significant raised with increased level of Cr dose in spiked soil (Fig. 1A). The level of MDA is often used as an indicator of oxidative damage due to enhanced generation of ROS (Ayala et al., 2014). Membrane damage might be a result of initiated oxidative stress and the accumulation of "reactive oxygen species" leading to disturbances in membrane configuration (Foyer & Noctor, 2005) and oxidation of cell membrane fatty acids (DaCosta & Huang, 2007). Our study shows increased level of MDA with increased level of contamination illustrated in Figure 1A. This finding tallies with a number of studies (e.g. Abdullahi et al., 2022; Rahman et al., 2010; Guo et al., 2004). MDA increased significantly in *Kandelia candel*. Rahoui and co-workers (2010) reported that in Cr-stressed *Pisum sativum* L. an increase in malondialdehyde (MDA) content was observed, owing to Cr-induced membrane lipid peroxidation. The present study is in consistent with effects of cadmium on malondialdehyde, glutathione levels and superoxide dismutase activity in the liver, kidneys, and testes of the male rats reported by Haeuem and El Hani, (2013).

Protein oxidation (carbonyl)

Extreme environmental variation may cause deviation in gene expression, contributing to changes in protein diversity in cells (Kieffer et al., 2009). The synthesis of healthy proteins and the creation of stress proteins (SP) can both be impacted by Cr stress. Carbonyl derivatives occur on the side chains of histidine, arginine, proline, lysine, and residues during these oxidative stress (Gonçaves et al., 2007).

Protein oxidation in S. oleracea seedlings grown under absolute Cr experiences an increase in carbonyl formation (Fig. 1B). Substantial concentrations of ROS can be produced quickly under stressful circumstances, defeating the protective mechanism and causing numerous protein structural changes (Cargnelutti et al., 2006). Our result shows progressive increase in carbonyl compound as chromium spike increased. This finding is in agreement with Gonçalves et al. (2007) who found accumulation of carbonyl in cucumber seedlings and Aravind and Prasad (2005) in Ceratophyllum demersum.

Membrane electrolyte leakage and stability index

MEL is an imperative index in cell stress physiology and is used to evaluate the leakage of cell components (Jawad et al., 2020). Electrolyte leakage from damaged tissues was commonly used to assess cell membrane stability (Sikder & Paul, 2010). The oxidative stress caused due to Cr toxicity may lead to reduce membrane stability due to the over-accumulation of reactive oxygen species (ROS) that may also damage the morpho-physiological attributes in the plants (Azeez et al., 2021). We reported increased level of electrolyte leakage and membrane instability with increased level of chromium contamination (Fig. 2). Under heavy metal stress, oxidative damage evokes cell membrane rupture hence, electrolyte the leakage (Abdullahi et al., 2021). This study corresponded with significant increase in electrolyte leakage occurred following storage of mature melons reported by (Lester et al., 1993). This study corroborated with the findings on significant variation in membrane stability index in wheat genotype reported by (Singh et al., 2020). Demidchik and Maathuis (2007) coined out that both membrane electrolytes leakage and stability index are affected with increase in metal concentration in *Phaseolus vulgaris* plant.

Non-enzymatic antioxidant activities

Non-enzymatic antioxidants that control the levels of ROS in cells, such as tocopherols, carotenoids, GSH, proline, and AsA are regarded as moderators of oxidative damage (Adrees et al., 2015). However, their antioxidants' activity and availability are dependent on secondary metabolites' capacity to synthesize specific compounds, which varies widely among different plant species (Akyol et al., 2020).

Reducing Power and Total Antioxidant Assay

Cr, although not being a redox active metal, causes the production of reactive oxygen species (ROS), such as superoxide radicals ($O_2^{\cdot-}$), hydrogen peroxides (H_2O_2), and hydroxyl radicals (OH^{\cdot}) (Gill & Tuteja, 2010). Antioxidants fight against free radicals and protect various plants from detrimental effects of free radicals (Umamaheswari & Chatterjee, 2008). They exert their action either by scavenging the reactive oxygen species or protecting the antioxidant defense mechanisms. Plants use ROS-detoxifying antioxidant defense machinery, which includes

nonenzymatic antioxidants, to reverse the inhibitory effects of ROS caused by Cr (Gill & Tuteja, 2010). In the present investigation, the reducing power capacity (RPC), total antioxidant activity (TAA) (Fig. 3) were increased in response to Cr stress conditions in all treatment. This study is consisted with findings on reducing power by aqueous than methanolic extracts reported by (González -Palma et al., 2016). Our study corresponded with findings on antioxidant activity of aqueous methanol extracts of *Pleurotus ostreatus* in different growth stages reported by (González -Palma et al., 2016). Fan et al. (2013) reported increased level of antioxidant activity in *S. oleracea*. Jibril et al. (2017) recorded an increase in antioxidant activities as cadmium concentration increased in *Lactuca sativa* L. Márquez-García et al. (2012) reported the significant increase of antioxidant in *Erica andevalensis*.

H₂O₂ scavenging activity of the extract

This study revealed the ability of *S. oleracea* extract antioxidant capacity based on the H₂O₂ scavenging activity (Fig. 4). Our study corresponded with findings on hydrogen peroxide scavenging activity of some phenolic acids reported by Rahman et al. (2015). Hundu et al. (2018) reported increased level of scavenging activities in *Plantago ovata* upon exposure to Cr. Romero-Puertas et al. (2004) reported that pea accumulate H₂O₂ in leaves under abiotic stress.

Enzymatic Antioxidant Activities of the Extracts

Trace metals generally cause oxidative stress to plants, either directly or indirectly through the formation of ROS (Nagajyoti et al., 2010; Zaheer et al., 2015). To ensure survival, plants have developed efficient antioxidant enzymatic machinery like catalase (CAT) ascorbate peroxidase (APX) and superoxide dismutase (SOD) under Cr toxicity to minimized the counter effects of ROS production in plant metabolic processes (Jan et al., 2020). In the present study, the obtained results revealed that of APX, SOD and CAT significant increases compared to T0 in all treatments illustrated in Figure 5. This study is consistent with the findings on antioxidant activity of biological active compounds reported by (Ligor et al., 2013). Irfan et al. (2014) reported that activity of antioxidant enzymes; "peroxidase (POX), catalase (CAT) and superoxide dismutase (SOD)" in the leaves of plants increased significantly in response to Cr in a concentration dependent manner. Reported increased level of POX, SOD, APX and CAT activities were increased under absolute Cr significantly higher than T0. Increased in SOD and APX activities in the leaves of *S. oleracea* was reported previously in absolute Cr treatment by Zhu et al. (2019).

Chromium concentration and Translocation factor

In this study, Cr concentration absorbed by *S. oleracea* is higher in roots than the aerial parts (stem and leaves) demonstrated in Figure 6. However, the significant increase in both the tissue concentration and translocation factor as the level of chromium contamination increased was noted. The higher concentrations in roots than in other plant tissues imply that plants do not translocate all Cr absorbed

by the plant to the above-ground biomass (Das *et al.*, 2022). Poor translocation of Cr to the shoots could be due to sequestration of most of the Cr in the vacuoles of the root cells to render it non-toxic which may be a natural toxicity response of the plant. In plant tissues, the Cr (VI) is converted to Cr (III) that has the tendency to bind to the cell walls, which hinders the further transport of Cr within plant tissues (Kabata-Pendias & Szteke, 2015; Sharma *et al.*, 2019)

Conclusion

Chromium was absorbed by *S. oleracea* which is seriously affecting the membrane lipid and protein composition and stability of the membrane hence, membrane lost its function. Chromium transfer in leafy vegetable tissues was significant, with the highest accumulation being recorded in roots. The translocation and accumulation in edible parts of *S. oleracea* affirm the chromium shuttling effects into food chain.

Reference

Abdullahi, U. A., Khandaker, M.M., Alenazi, M.M., Shaari, N.E.M., and Alias, N. (2022). Ameliorative effects of *Sargassum stolonifolium* amendment on physiological and biochemical parameters in *Brassica chinensis* L. under cadmium contaminated soil. *Semina: Ciênc. Agrár. Londrina*, v. 43, n. 5, p. 1907-1940, set./out. 2022. DOI: 10.5433/1679-0359.2021v43n5p1891

Adrees, M., Ali, S., Rizwan, M., Ibrahim, M., Abbas, F., and Farid, M. (2015). The effect of excess copper on growth and physiology of important food crops: A review. *Environ. Sci. pollut. Res.* 22, 8148–8162. doi: 10.1007/s11356-015-4496-5

Ahanger, M. A., Aziz, U., Alsahli, A., Alyemeni, M. N., and Ahmad, P. (2020). Combined kinetin and spermidine treatments ameliorate growth and photosynthetic inhibition in *Vigna angularis* by up-regulating antioxidant and nitrogen metabolism under cadmium stress. *Biomolecules*, 10(1), 147. doi: 10.3390/biom10010147.

Akyol, T. Y., Yilmaz, O., Uzilday, B., Uzilday, R. O., and Turkan, I. (2020). Plant response to salinity: an analysis of ROS formation, signaling, and antioxidant defense. *Turk J. Bot.* 44, 1–13. doi: 10.3906/bot-1911-15

Alessa, O. Najla, S. and Murshed, R. (2017). Improvement of yield and quality of two *Spinacia oleracea* L. varieties by using different fertilizing approaches. *Physiology and Molecular Biology of Plants*. 23(3), 693-702.

Ao, M., Chen, X., Deng, T., Sun, S., Tang, Y., Morel, J. L., Qiu R, and Wang S. 2022. Chromium biogeochemical behaviour in soil-plant systems and remediation strategies: A critical review. *J. Hazard Mat.* 424, 127233. doi: 10.1016/j.jhazmat.2021.127233

Aravind, P., and Prasad, M. N. V. (2005). Cadmium-Zinc interactions in a hydroponic system using *Ceratophyllum demersum* L.: adaptive ecophysiology, biochemistry and molecular toxicology.

Brazilian journal of plant physiology, 17, 3-20. <https://doi.org/10.1590/S1677-04202005000100002>

Ayala, A., Muñoz, M. F., and Argüelles, S. (2014). Lipid Peroxidation: Production, Metabolism, and Signaling Mechanisms of Malondialdehyde and 4-Hydroxy-2-Nonenal. *Oxidative Medicine and Cellular Longevity*, 2014. <https://doi.org/10.1155/2014/360438>

Azeez, N. A., Dash, S. S., Gummadi, S. N., and Deepa, V. S. (2021). Nano-remediation of toxic heavy metal contamination: Hexavalent chromium [Cr(VI)]. *Chemosphere* 266, 129204. doi: 10.1016/j.chemosphere.2020.129204

Azevedo, R., Alas, R., Smith, R., and Lea, P. (1998). Response of antioxidant enzymes to transfer from elevated carbon dioxide to air and ozone fumigation, in the leaves and roots of wild-type and a catalase-deficient mutant of barley. *Physiologia Plantarum*, 104(2), 280-292. DOI: 10.1034/j.1399-3054.1998.1040217.x

Bashir, S. Ali, U. Shaaban, M. Gulshan, A.B. Iqbal, J. Khan, S. Husain, A. Ahmed, N. Mehmood, S. Kamran, M. and Hu. H. (2020). Role of sepiolite for cadmium polluted soil restoration and spinach growth in wastewater irrigated agricultural soil. *J. Environ. Manage.*, 258 p. 110020, 10.1016/j.jenvman.2019.110020

Bhatti, M. Z., Ali, A., Ahmad, A., Saeed, A., and Malik, S. A. (2015). Antioxidant and phytochemical analysis of *Ranunculus arvensis* L. extracts. *BMC research notes*, 8(1), 1-8. <https://doi.org/10.1186/s13104-015-1228-3>

Cai, X., Sun, X., Xu, C., Sun, H., Wang, X., Ge, C., Zhang, Z., Wang, Q., Fei, Z., Jiao, C. and Wang, Q., (2021). Genomic analyses provide insights into spinach domestication and the genetic basis of agronomic traits. *Nature Communications*, 12(1), p.7246.

Chen, X., Wang, J., Shi, Y., Zhao, M.Q., and Chi, G.Y. (2011). Effects of cadmium on growth and photosynthetic activities in Pak choi and mustard. *Bot Stud*, 52 (2011), pp. 41-46

Dai, H.P., Shan, C.J., Jia, G.L., Yang, T.X., Wei, A.Z., Zhao, H., Wu, S.Q., Huo, K.K., Chen, W.Q., and Cao, X.Y. (2013). Response of cadmium tolerance, accumulation and translocation in *Populus × canescens* *Water Air Soil Pollut*, 224 p. 1504.

Das, K.P., Das, P.B., and Dash, P. (2022). Analytical study on hexavalent chromium accumulation in plant parts of *Pongamia pinnata* (L.) Pierre and remediation of contaminated soil. *Journal of Applied Biology & Biotechnology* Vol. 10(01), pp. 22-30. DOI: 10.7324/JABB.2021.100103

Davies M.J. (2003). Singlet oxygen-mediated damage to proteins and its consequences *Biochem Biophys Res Commun*, 305 (2003), pp. 761-770

Demidchik, V., and Maathuis, F. J. (2007). Physiological roles of nonselective cation channels in plants: from salt stress to signalling and development. *New Phytologist*, 175(3), 387-404. doi: 10.1111/j.1469-8137.2007.02128.x.

Fan, D., Hodges, D. M., Critchley, A. T., and Prithviraj, B. (2013). A commercial extract of brown macroalga (*Ascophyllum nodosum*) affects yield and the nutritional quality of spinach in vitro. *Communications in Soil Science and Plant Analysis*, 44(12), 1873-1884.

- Farooq, M., Ali, S., Hameed, A., Bharwana, S., Rizwan, M., Ishaque, W., Farid, M., Mahmood, K., and Iqbal, Z. (2016). Cadmium stress in cotton seedlings: physiological, photosynthesis and oxidative damages alleviated by glycinebetaine. *South African Journal of Botany*, 104, 61-68. <https://doi.org/10.1016/j.sajb.2015.11.006>
- Fejes, S., Blázovics A, Lugasi A, Lemberkovics E, Petri G, and Kéry A. (2000). In vitro antioxidant activity of *Anthriscus cerefolium* L. (Hoffm.) extracts. *J Ethnopharmacol*, 69, 259-265. doi: 10.1016/s0378-8741(99)00171-3.
- Foyer, C. H., and Noctor, G. (2003). Redox sensing and signalling associated with reactive oxygen in chloroplasts, peroxisomes and mitochondria. *Physiologia Plantarum*, 119(3), 355-364. <https://doi.org/10.1034/j.1399-3054.2003.00223.x>
- Gill, S. S., and Tuteja, N. (2010). Reactive oxygen species and antioxidant machinery in abiotic stress tolerance in crop plants. *Plant physiology and biochemistry*, 48(12), 909-930.
- Gonçalves, J. F., Becker, A. G., Cargnelutti, D., Tabaldi, L. A., Pereira, L. B., Battisti, V., Spanevello, R. M., Morsch, V. M., Nicoloso, F. T., and Schetinger, M. R. (2007). Cadmium toxicity causes oxidative stress and induces response of the antioxidant system in cucumber seedlings. *Brazilian journal of plant physiology*, 19, 223-232. DOI: 10.1590/S1677-04202007000300006
- González-Palma, I., Escalona-Buendía, H.B., Ponce-Alquicira, E., Téllez-Téllez, M., Gupta, V.K., Díaz-Godínez, G. and Soriano-Santos, J., (2016). Evaluation of the antioxidant activity of aqueous and methanol extracts of *Pleurotus ostreatus* in different growth stages. *Frontiers in microbiology*, 7, p.1099.
- Gratão, P.L. Polle, A. Lea, P.J. and Azevedo R.A. (2005). Making the life of heavy-metal stressed plants a little easier *Funct Plant Biol*, 32 pp. 481-494
- Hall, J.L. 2002. Cellular mechanisms for heavy metal detoxification and tolerance, *J. Exp. Bot.* 53 1–11
- Haouem, S. and El Hani, A. (2013). Effect of cadmium on lipid peroxidation and on some antioxidants in the liver, kidneys and testes of rats given diet containing cadmium-polluted radish bulbs. *Journal of toxicologic pathology*, 26(4), pp.359-364.
- Jaishankar, M., Tseten, T., Anbalagan, N., Mathew, B.B. and Beeregowda, K.N., (2014). Toxicity, mechanism and health effects of some heavy metals. *Interdisciplinary toxicology*, 7(2), p.60.
- Jan, S., Noman, A., Kaya, C., Ashraf, M., Alyemeni, M. N., and Ahmad, P. (2020). 24-epibrassinolide alleviates the injurious effects of Cr (VI) toxicity in tomato plants: Insights into growth, physio-biochemical attributes, antioxidant activity and regulation of ascorbate–glutathione and glyoxalase cycles. *J. Plant Growth Regul.* 39, 1587–1604. doi: 10.1007/s00344-020-10169-2
- Jawad, H. M., Ali Raza, M., Ur Rehman, S., Ansar, M., Gitari, H., Khan, I., Wajid, M., Ahmed, M., Abbas Shah, G., and Peng, Y. (2020). Effect of cadmium toxicity on growth, oxidative damage, antioxidant defense system and cadmium accumulation in two sorghum cultivars. *Plants*, 9(11), 1575. doi: 10.3390/plants9111575
- Jayaprakasha, G. K., Jena, B. S., Negi, P. S., & Sakariah, K. K. (2002). Evaluation of antioxidant activities and antimutagenicity of turmeric oil: a byproduct from curcumin production. *Zeitschrift für Naturforschung C*, 57(9-10), 828-835. DOI: 10.1515/znc-2002-9-1013
- Jibril, S. A., Hassan, S. A., Ishak, C. F., and Wahab, P. E. M. (2017). Cadmium Toxicity Affects Phytochemicals and Nutrient Elements Composition of Lettuce (*Lactuca sativa* L.). *Advances in Agriculture*, vol. 2017, Article ID 1236830, 7 pages, 2017, 1-9. <https://doi.org/https://doi.org/10.1155/2017/1236830>
- Kabata-Pendias, A., and Szeke, B. (2015). *Trace Elements in Abiotic and Biotic Environments* (1st ed.). CRC Press. <https://doi.org/10.1201/b18198>
- Kieffer, P., Schröder, P., Dommes, J., Hoffmann, L., Renaut, J., and Hausman, J.F. (2009). Proteomic and enzymatic response of poplar to cadmium stress. *J. Proteom.* 72, 379–396
- Kundu, D., Dey, S. and Raychaudhuri, S.S. (2018). Chromium (VI) – induced stress response in the plant *Plantago ovata* Forsk in vitro. *Genes and Environ* 40, 21. <https://doi.org/10.1186/s41021-018-0109-0>
- Lester, G. and Stein, E., (1993). Plasma membrane physicochemical changes during maturation and postharvest storage of muskmelon fruit. *Journal of the American Society for Horticultural Science*, 118(2), pp.223-227.
- Li, H.S. (2000). Principles and techniques of plant physiological biochemical experiment. Higher Education Press, Beijing, pp. 260- 263 (in Chinese). [https://www.scirp.org/\(S\(lz5mqp453edsnp55rrgjct55\)\)/reference/ReferencesPapers.aspx?ReferenceID=1300249](https://www.scirp.org/(S(lz5mqp453edsnp55rrgjct55))/reference/ReferencesPapers.aspx?ReferenceID=1300249)
- Ligor, M., Trziszka, T. and Buszewski, B., (2013). Study of antioxidant activity of biologically active compounds isolated from green vegetables by coupled analytical techniques. *Food Analytical Methods*, 6, pp.630-636.
- Márquez-García, B., Fernández-Recamales, M., and Córdoba, F. (2012). Effects of cadmium on phenolic composition and antioxidant activities of *Erica andevalensis*. *Journal of botany*, Article ID 936950, vol. 2012, (1-7). <https://doi.org/10.1155/2012/936950>
- Meir, S., Kanner, J., Akiri, B., and Philosoph-Hadas, S. (1995). Determination and involvement of aqueous reducing compounds in oxidative defense systems of various senescing leaves. *Journal of Agricultural and Food Chemistry*, 43(7), 1813-1819. <https://doi.org/10.1021/jf00055a012>
- Nagajyoti, P. C., Lee, K. D., and Sreekanth, T. (2010). Heavy metals, occurrence and toxicity for plants: a review. *Environmental chemistry letters*, 8(3), 199-216. <https://doi.org/10.1007/s10311-010-0297-8>
- Pedrero, Z., Madrid, Y., Hartikainen, H., and Cámara, C. (2008). Protective effect of selenium in broccoli (*Brassica oleracea*) plants subjected to cadmium exposure. *Journal of Agricultural and Food Chemistry*, 56(1), 266-271.
- Pushkar, B., Sevak, P., Parab, S., and Nilkanth, N. (2021). Chromium pollution and its bioremediation mechanisms in

bacteria: A review. *J. Environ. Manage.* 287, 112279. doi: 10.1016/j.jenvman.2021.112279

Qianqian, M., Haider, F. U., Farooq, M., Adeel, M., Shakoor, N., and Jun, W. (2022). Selenium treated foliage and biochar treated soil for improved lettuce (*Lactuca sativa* L.) growth in cd-polluted soil. *J. Cleaner Prod.* 335, 130267. doi: 10.1016/j.jclepro.2021.130267

Rahman, M. M., Rahman, M. M., Islam, K. S., and Chongling, Y. (2010). Effect of chromium stress on antioxidative enzymes and malondialdehyde content activities in leaves and roots of mangrove seedlings *Kandelia candel* (L.) Druce. *Journal of forest and environmental science*, 26(3), 171-179.

Rahman, M.M., Islam, M.B., Biswas, M. and Khurshid Alam, A.H.M. (2015). In vitro antioxidant and free radical scavenging activity of different parts of *Tabebuia pallida* growing in Bangladesh. *BMC research notes*, 8(1), pp.1-9.

Rahoui, S., Chaoui, A., and El-Ferjani, E. (2010). Membrane damage and solute leakage from germinating pea seed under cadmium stress. *J. Hazard. Mater.* 178, 1128–1131.

Sharma, A., Kapoor, D., Wang, J., Shahzad, B., Kumar, V., Bali, A. S., Jasrotia, S., Zheng, B., Yuan, H., and Yan, D. (2019). Chromium Bioaccumulation and Its Impacts on Plants: An Overview. *Plants*, 9(1). <https://doi.org/10.3390/plants9010100>

Sikder, S., and Paul, N. (2010). Evaluation of heat tolerance of wheat cultivars through physiological approaches. *Thai Journal of Agricultural Science*, 43(4), 251-258. <https://www.thaiscience.info/journals/Article/TJAS/10656584.pdf>

Singh, M. and Kumar, L. (2020). Study of changes in Photosynthetic rate, chlorophyll content, proline content and membrane stability in Indian wheat cultivars under drought stress. *Journal of Pharmacognosy and Phytochemistry*, 9(5S), pp.210-218.

Soares, A. M. (2011). Antioxidant system of ginseng under stress by cadmium. *Scientia Agricola*, 68(4), 482-488. <https://doi.org/10.1590/S0103-90162011000400014>

Srivastava, D., Tiwari, M., Dutta, P., Singh, P., Chawda, K., and Kumari, M. (2021). Chromium stress in plants: Toxicity, tolerance, and phytoremediation. *Sustainability* 13, 4629. doi: 10.3390/su13094629

Umamaheswari, M., and Chatterjee, T. (2008). In vitro antioxidant activities of the fractions of *Coccinia grandis* L. leaf extract. *African Journal of Traditional, Complementary and Alternative Medicines*, 5(1), 61-73.

Wei, Y., Usman, M., Farooq, M., Adeel, M., Haider, F. U., and Pan, Z. (2022). Removing hexavalent chromium by nano zero-valent iron loaded on attapulgite. *Water Air Soil Pollut.* 233. doi: 10.1007/s11270-022-05513-z

Wu, L.Q., Cheng, S.P., Yang, L.H., and Wu, Z.B. (2007). Stress responses and resistance mechanism of *Canna indica* Linn. to cadmium and copper. *J*

Agro-Environ Sci, 26 pp. 1365-1369.

Xu, X., Nie, S., Ding, H., and Fan, H. F. (2018). Environmental pollution and kidney diseases. *Nat. Publ Gr.* 14. doi: 10.1038/nrneph.2018.11

Yang, Q., Wang, L., Zhou, Q., and Huang, X. (2014). Toxic effects of heavy metal terbium ion on the composition and functions of cell membrane in horseradish roots. *Ecotoxicology and Environmental Safety*, 111, 48-58. <https://doi.org/10.1016/j.ecoenv.2014.10.002>

Zhou, J., Wan, H., He, J., Lyu, D., and Li, H. (2017). Integration of cadmium accumulation, subcellular distribution, and physiological responses to understand cadmium tolerance in apple rootstocks. *Frontiers in plant science*, 8, 966. <https://doi.org/10.3389/fpls.2017.00966>

Zhu, Z., Huang, Y., Wu, X., Liu, Z., Zou, J., Chen, Y., Su, N., and Cui, J. (2019). Increased antioxidative capacity and decreased cadmium uptake contribute to hemin-induced alleviation of cadmium toxicity in Chinese cabbage seedlings. *Ecotoxicology and Environmental Safety*, 177, 47-57. DOI: 10.1016/j.ecoenv.2019.03.113.